

Adv. Blue Belt Requirements

<u>Kicks</u> <u>Strikes</u>

Wheel Bear Paw
Drop Side Crane Beak
Spinning Crescent Ridge Hand
Leaping Side Blade Snake Strike

<u>Specials</u> <u>Kempos</u>

2 Kata 7-8 Northern Two-Man Fist Set

Combinations

10, 15